

# राष्ट्रीय आदिवासी छात्र शिक्षा समिति

(जनजातीय कार्य मंत्रालय के अंतर्गत  
एक स्वायत्त संस्थान, भारत सरकार)  
भू-तल, गेट नंबर-3ए, जीवन तारा बिल्डिंग,  
संसद मार्ग, नई दिल्ली-110001  
दूर. 011-23340280



## National Education Society for Tribal Students

(An Autonomous Organization under  
Ministry of Tribal Affairs, Govt. of India)  
Ground Floor, Gate No.3 A, Jeevan Tara Building,  
Parliament Street, New Delhi-110001  
Telephone No. 011-23340280  
वेबसाइट/Website: www.tribal.nic.in  
Email: nests-tribal@tribal.gov.in

No. NESTS/H-1/58/Policy/2024-25  
E-Office No. 29003

Dated: 23/12/2024

To,

The Commissioner/Member Secretary/Director  
State/UT EMRS Society

### **Subject: Guidelines for Free Meal Facility in EMRSs.**

Please find attached the “Guidelines for Free Meal Facility in EMRSs”, which was approved in the 15th GBM meeting of NESTS, for your information and necessary action. This policy will come into force with immediate effect.

Further, to ensure effective implementation of the guidelines, please consider the following points: -

1. No separate food or food items should be prepared and served to the staff.
2. No separate food batches should be prepared for the staff.
3. Teachers are required to dine in the same premises where the students are dining.

Encl: As above

-sd-

**(Anupam Sonalkar)**  
**Joint Commissioner**

Copy to:

1. Principal Secretary, State/UT EMRS Society
2. All Principals, NESTS
3. PA to Commissioner, NESTS

### **Free Meal Facility in Eklavya Model Residential Schools**

For the effective functioning of a School, efficient mess management is very essential. Whenever the students dine in dining hall, teachers are expected to be present in the dining hall to ensure that

- All the students are present and dine together
- Discipline is maintained by all the students
- Quality food is provided to all the students
- No student wastes the food
- To teach table manners and etiquette
- No outside food is brought inside the dining hall
- Sick students, if any, are provided with the food as per the recommendation of Staff Nurse. Presence of Staff Nurse in dining hall becomes inevitable.

The following procedure is to be followed: -

- All House Masters and Associate House Masters, Principal, Vice Principal, Staff Nurse and Hostel Wardens are entitled to take their meal along with students in the hostel mess free of Charge.
- Staff Nurse is tasting and certifying the food before the same is served to the students for which the case of Staff Nurse is considered for free meal.
- Vice – Principal is the Mess in-Charge in EMRSs and hence VP is eligible for free meal.
- All other Teachers are eligible for free lunch

No one will be allowed to carry the cooked food out of Kitchen/ dining hall. Family members of the allowed staff are also not to be considered for free meal.

For this purpose, an additional amount of maximum Rs.20,000/- per school per month will be given. (Procedure to release this amount will be issued separately)