



F. No. NESTS/H-2/6/Acad.Plan/2025-26/2140

Dated: 16th April, 2026

The Nodal Officer,
State/UTs EMRS Society,
(As per list).

Subject:- Weekly Teaching Period Framework-reg.

With reference to the above subject, it is hereby informed that the Weekly Teaching Period Framework (Class-wise & Subject-wise) has been developed in alignment with CBSE curriculum guidelines and the academic requirements of EMRS. The framework balanced distribution of teaching periods across scholastic and co-scholastic areas, thereby promoting effective academic delivery, efficient time management, and uniformity in timetable planning across all EMRSs.

Additionally, minor adjustments may be made by the Principal based on staff availability and subject combinations, the core structure of the framework shall remain unaltered. All teaching periods conducted by teachers must be recorded on a daily basis in the register/teacher's diary, with complete details of class, subject, period, and topic covered. In addition, monthly monitoring and review of timetable implementation shall be undertaken by the Principal to ensure compliance and effectiveness.

In view of the above, it is requested to kindly disseminate the above instructions and Weekly Teaching Period Framework to all respective EMRSs and direct the Principals to implement the same in EMRS.

This issues with the approval of the Competent Authority.

Encl: Weekly Teaching Period Framework (Annexure I).

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(Vipin Kumar)

Joint Commissioner

Copy to:

1. The Principal, all EMRS (as per list) for information and necessary action please.

WEEKLY TEACHING PERIOD FRAME WORK (CLASSWISE & SUBJECT WISE) FOR ACADEMIC YEAR 2026-2027							
Class VI - VIII	Periods	Class IX	Periods	Class-X	Periods	Class- XI & XII	Periods
English	6+1*	English	7	English	7	Hindi Elective or Hindi Core or English Elective or English Core	7
Hindi	5+1*	Hindi	5	Hindi/ Regional Lang / Sanskrit	6	Any one Language from Group – L not opted as Subject 1 OR Any one Elective from the Group – A	7
Regional Lan/Sanskrit	4+1*	Regional Lan/Sanskrit	4	Maths	7	E-1 Any elective from Group – A Or Group-S	8
Maths	5+1*	Maths	7	Science	9	E-2 Any elective either from Group – A Or Group-S	8
Science	5+1*	Science	9	Social science	8	E-3 Any elective either from Group – A Or Group-S	8
Social Science	5+1*	Social science	7	Library	2	Library	2
Library	2	Library	1	Computer	1	COMPUTER	1
Computer science	2	Computer	1	Art	1	G. S.	1
Art	2	Art	1	Music	1	Physical Education	1
Music	2	Music	1	Physical Education	1	Work Experience	1
Physical Education	2	Physical Education	1	Skill / Add. Subject	4	Skill OR any one elective or Language from Group L or A	4
Vocational Education/ Skill Subject	2	Skill Subject / Add. subject	3	SEWA/WE	1		
		SEWA/WE	1				
TOTAL	48		48		48		48

Note: 1. The periods allotted with * mark should be utilised for activity-based teaching

Note

1. As EMRS is a residential school all the teachers have to perform their duties which includes regular, remediation and supervision classes
2. Maximum work load of 36 periods per week excluding remediation & supervised study may be allotted as per requirement.
3. The principal and vice principal/ principal in-charge should handle regular classes of their subject up to a minimum of 8/12 periods respectively.
4. The subject wise allotment of periods for all the classes should be shared almost equally among the teachers of the same subject. Principal has to decide and allot accordingly. PGTs may preferably be allotted senior classes.
5. Minor changes can be done by the institutional head as per the availability of staff and selection of optional & skill subjects by the students.
6. Both the PETs will handle the classes using the book 'Khel yatra' provided by NCERT for class 6th to 8th and also Physical education for all classes.
7. The music and art teachers will handle the classes using the book 'Kriti' provided by NCERT for classes VI-VIII and also Art & Music classes for all classes.
8. TGT Computer/ Music/ Art teachers will handle the classes of vocational subject 'Kaushal Bodh'.
9. This timetable is a model as per CBSE Curriculum for EMRS to be implemented in the school level.
10. The arrangement classes can be allotted to the Counsellor to counsel the students.
11. All teaching periods conducted by each teacher shall be recorded in register/teacher's diary on a daily basis, ensuring proper documentation of class, subject, period, and topic covered for monitoring and accountability purposes. The same will be duly verified by the Principal of EMRS.